

1. MARYSVILLE MEDICAL PRACTICE PATIENT PARTICIPATION GROUP MINUTES

MEETING HELD WEDNESDAY 20 MARCH 2013 AT MARYSVILLE PRACTICE

Present:

Chairman - Graham Spencer

PPG Members - Roy Hope; Joy Kay; Jay Mitchell; John Woodyatt; Viv Botfield

In Attendance - Christine Fenwick (Practice Manager); Michael Dunn (Shropshire Council)

Apologies - James Brathwaite

1. Educational Leaflet (Practice Responsibilities)

CF confirmed GPs had reviewed the WDIETS? Document and wished to make some changes to it. Also, that Dr Visick had suggested it be distributed at a Marysville open day to be run later in the year. It was agreed to keep the action on the agenda

2. Marysville Patient Survey

- VJB distributed the survey complete with amendments to 'tighten up' a patient's response to their preferred time of attending any additional service initiatives
- CF confirmed no availability yet for email distribution due to computer system glitch. Surgery to investigate email facility generally with a systems representative
- Patient Group to distribute at the practice, initially on 2nd 8th and 15th April from c8:30am to c12:00pm this approach to be reviewed at next meeting (17 April)

2 April: Roy/ John

8 April: Joy /Viv

15 April: John / Viv

- Practice staff to distribute / collect on days no PPG member in attendance

3. Diabetes Self-Management Program

RH and JW advised the program had now finished and gave complimentary feedback confirming it had been well received and well presented. There had been a frank exchange of views from both participants and presenters. A particular item of note was the 'Message in a Bottle' initiative where an individual writes down details of all medication taken and put this 'message' in the bottle for third party identification purposes. Both Roy and John recommend the program and felt it would be useful for all patients in the personal management of chronic illnesses. In addition, both Roy and John felt the negative side of the program was its title 'Chronic Disease Self-Management' CF explained it was a licenced program and doubted if it could be changed in the short term. CF asked if Roy and John would put an article together for the next Marysville newsletter

4. Walking for Health

Michael Dunn (Walking Co-ordinator for Shropshire Council) came to speak with PG team aim being to discuss this nationwide initiative with us. Some general background:

- Walking for Health has been set up for c12 years

- Shropshire has c40 walks throughout the county and c1600 regular walkers
- Walks take place in both rural and built-up areas set around differing levels of ability
- Volunteer based / free to all walkers
- Training given by Council for walk leaders
- No set-up costs
- Ability to join other established walking groups

GS and VJB to attend the Volunteer Walk Leader Training on 26 April and give feedback to team after attendance

5. Marysville Open Day

In preparation for the above initiative JW volunteered to investigate if the ambulance service would be willing to attend. John also volunteered to fund raise for the group as and when appropriate

6. Shropshire Clinical Commissioning Group

GS advised of another networking event to be staged at the Greenhouse Meadow on 15 May 5:30pm

7. Next Meeting

17 April at Marysville Practice 2:00pm

Actions:

- **VJB:** To email CF with final version of survey
- **CF:** To arrange for printing of survey
- **GS:** To arrange attendance on Volunteer Walk Leader Training on 26 April
- **RH/JW:** To write words around the self-management program for Marysville newsletter
- **JW:** To investigate viability of the ambulance service attending Marysville Open Day
- **VJB:** write up and distribute minutes

Actions / Comments for future reference

- **JP:** To discuss with her team possible future PPG projects
- **All:** Marysville open day to be planned / arranged
- **All:** Prescriptions / test results issue for practice (JP)

Ideas for Marysville Open Day

- Attendance of Ambulance / Red Cross / Fire Brigade/ Voluntary organisations
- Distribution of WDIETS? Leaflet
- First-aid demonstrations
- Inclusion of 'Message in a Bottle' initiative